



SCLERAL LENS CARE INSTRUCTIONS

Congratulations on being prescribed scleral lenses. In order to enjoy the greatest comfort, best vision and most healthy wear it is essential that the lenses be cleaned and maintained properly. Your individual care instructions may vary depending on your needs. We welcome any questions about insertion, removal, and care of your lenses.

Lens Insertion

The lens should be filled with **Scleralfil** prior to insertion. This is a preservative free saline and any unused saline should be discarded after inserting your lenses. Remove the lens from the case and lightly rinse with preservative free saline. Fill the lens and place it on your insertion device or fingertips. Bend forward so your face is parallel to a flat working surface. You should be looking straight down so that the lens can be held between your eye and the work surface without tipping or spilling the insertion fluid. Use a mirror if it helps. Using your free hand lift the upper lid. Pull down the lower lid with the third and fourth fingers of your lens hand. Bring the lens straight upward to the eye surface making sure it passes free of the lids until the lens is seated. Some fluid will spill out of the lens.

Lens Removal

Use the small cup removal device. Gently pull down the lower lid and place the device on the lower one third of the lens. The device must be placed on the lens and not on the eye surface to adhere properly. Gently tilt the bottom of the lens outward until suction is released and the lens comes off. Use your fingertips to create a light pressure against your eye through the lower lid if needed to help release the lens. This pressure should be applied on the outside of the lid below the contact lens.

Cleaning & Storage

Always clean your lens with **Tangible Clean** multi-purpose solution right after removal and before storing. Place the lens in the palm of your hand and wet it with several drops of cleaning solution. Gently rub both surfaces for about 15 seconds to remove any debris. Rinse the lens and place it in the case with the storage solution. To reduce the risk of infection, **do not reuse storage solution or top off the solution left in the case** after lens insertion.